

The Story of Nonuttin' Foods

Once upon a time there were 2 young people named Rob and Alana Elliott who decided to start a family and were blessed with 2 beautiful baby girls. Then, the parts of parenthood that weren't outlined in the baby books came to be: dairy allergies, eczema, asthma and more.

Alana had finally had enough after The Great Peanut Butter Incident when another food allergy was added to the growing list. No more baked goods, no more ice cream and no more granola bars. That was it; the catalyst, the fire within that began the journey to what would become Nonuttin' Foods.

Throwing caution to the wind, Alana whipped up batches of granola bars and fed them to anyone who would eat them before settling on the best tasting recipes she could create. It wasn't long before the word spread across the land and Nonuttin' granola bars were helping families just like The Elliotts.

Now much more than granola bars, the story of Nonuttin' Foods is not finished but give Alana's recipes a try and enjoy your own happy ending.

Eating healthy and avoiding common allergens or gluten doesn't need to be a tasteless experience:

"These granola bars are the best! For years, my food-allergic son has looked on while his friends, cousins and brother ate breakfast bars or snack bars that contained either milk, wheat, egg, peanuts or tree nuts. What a delight for us to find a delicious bar that the whole family can share without all of these major allergens.

From now on, boxes of these will come with us on every vacation. And how convenient to have a box of these in the car for all of the kids, and for me! These would be great for school parties as well. Delicious, individually packaged, and safe!"
- Gina Clowes, Cranberry Township, PA

"Nonuttin' bars have great flavour and it is wonderful to have just one more product option for a healthy snack when there are so few to choose from. The fact that it will provide for those with nut allergy concerns is just a huge bonus..."
- Brian Gerritsen, Victoria, BC

"I love, love, love your vanilla caramel granola. Can't stop eating it."
- Linda Wagner, Regina, SK



www.nonuttin.com
P. O. Box 204
Duncan, BC V9L3X3
1-866-714-5411



nonuttin'
FOODS

Trusted. Delicious. Convenient.



The Taste Says
YES!

nonuttin'
FOODS

Trusted. Delicious. Convenient.



Great Tasting Products You Can Trust!

From a dedicated facility to ingredient certification and routine testing, our allergen/gluten control policies are clear. Please see our website for specific details.

- ◆ No Peanuts
- ◆ No Tree Nuts
- ◆ No Dairy
- ◆ No Eggs
- ◆ No Wheat
- ◆ No Barley
- ◆ No Rye
- ◆ No Mustard
- ◆ No Trans Fats
- ◆ No Colours
- ◆ No Artificial Flavours
- ◆ No Preservatives (including sulphites)
- ◆ No Genetically Modified Organisms (GMOs)
- ◆ No Animal By-Products
- ◆ Made with Whole Grains
- ◆ Some Nonuttin' products are also sesame free

Pure Oats Granola

Pure oats are controlled from the seed to the dedicated mill and backed with scientific testing for wheat, barley and rye to ensure purity. Health Canada and The Canadian Celiac Association recognize pure oats as a healthy addition to most gluten free diets.



Trusted. Delicious. Convenient.



Visit our online store
www.nonuttin.com

Toll-free:
1-866-714-5411

Granola Bars

Raisin
Chocolate Chip
Apple Cinnamon
Double Chocolate Chunk



Granola Clusters

Vanilla Cinnamon
Vanilla Caramel



Trail Mixes

Hiker's Delight
Energy Explosion



Fruit Snacks

Diced Dried Apples
Cherry Fruit Snacks



Chocolate Chips and Chunks

Semi Sweet Mini Chips
70% Dark Chocolate Chunks

